



1974

VERITY

SEXUAL ASSAULT PREVENTION, INTERVENTION & HEALING



IMPACT REPORT 2023-2024

1311 West Steele Lane | Santa Rosa, CA 95403

Phone: 707-545-7270

Hours of Operation: Monday - Friday, 9:00 AM - 5:00 PM

24/7 Crisis and Support Line: 707-545-7273

www.ourverity.org

TABLE OF CONTENTS

A Letter from
Executive Director

01

About Verity

02

Our Partners &
Sponsors

03

Overview of
Services

04

Program Impact:
Prevention

05

Program Impact:
Intervention

06

Program Impact:
Healing

07

Client Success
Stories

08

Volunteer
Spotlights

09

Financial
Overview

10

Looking
Ahead

11

Let's Connect

12

A LETTER FROM EXECUTIVE DIRECTOR, REBECCA FEIN



Dear Friends and Supporters,

We're thrilled to present our annual impact report, showcasing a year of transformative progress for Verity (representing the July 2023 - June 2024 timeframe). This year, we've rolled out new systems to elevate our client services and are introducing more community events—all while celebrating our 50th anniversary of dedicated service to Sonoma County. We are well underway with a strategic planning process that will pave our path for the next three years.

The milestones we've achieved underscore our resolute commitment to survivors of sexual assault and our mission to provide essential support, tailored to each individual's own journey of justice and healing. This success is the direct result of the outstanding support from you: our community of survivors, volunteers, donors, and partners.

It's been a remarkable year, my first with Verity. It is the honor of my lifetime, and I'm beyond proud of the demonstrably positive impact that the contributions of the phenomenal team of Verity has on our community.

With deepest gratitude,

A handwritten signature of Rebecca Fein in blue ink.

Rebecca Fein

"As Verity celebrates half a century of impact, it is clear that our achievements are the result of collective effort and unwavering support. Here's to the many more milestones we will reach together."



Lianna Hartmour
Board President, Verity

ABOUT VERITY



Our Mission

To lead Sonoma County in the elimination of sexual assault and human trafficking through prevention, and the support of survivors through intervention and healing.

Our Vision

Verity envisions Sonoma County without sexual violence.

Our Founding

Guided by our Board of Directors, Verity has remained dedicated to combatting sexual violence in Sonoma County for 50 years. Founded in 1974, Verity pioneered comprehensive services for sexual assault survivors. Verity focuses on prevention, intervention, and personalized healing. We collaborate extensively with our community partners, co-founding institutions like the Family Justice Center and Human Trafficking Task Force.

Our Board of Directors:

Verity's Board of Directors, consisting of passionate community leaders, provides invaluable guidance and support. Their diverse expertise enables us to make a profound impact in prevention education and supporting survivors of sexual assault and human trafficking.

Officers:

President:

Lianna Hartmour

Vice President:

Ashmi Chokshi

Treasurer:

Brianna O'Keefe

Secretary:

Rachel Carbone

Board Members:

Jane Carpenter

Janice Blalock

Krystaelynne Sanders Diggs

MaDonna Feather Cruz

OUR PARTNERS



Community Partners

Community collaboration amplifies our collective responsibility to address sexual assault, a challenge that no single agency can tackle alone. By leveraging the unique strengths of each partner, we create a coordinated approach that benefits survivors. Verity is deeply grateful for the support of our community partners, whose contributions empower both us and the survivors we serve.

Let's Partner!

Join us in addressing sexual assault through community collaboration. By partnering with Verity, you strengthen our unified approach and help empower survivors. Get involved and make an impact! Reach out to us at info@ourverity.org - let's chat about how we can combine efforts to make a difference in our community.

OVERVIEW OF SERVICES



Prevention

The Prevention Education Program is a cornerstone initiative aimed at empowering Sonoma County communities with knowledge, awareness, and tools for promoting healthy relationships. Through interactive presentations and targeted outreach efforts, we actively dismantle the root causes of sexual violence and human trafficking. Our goal is to foster a culture of safety and respect, creating societal change and supporting survivors through community engagement.

Intervention

Verity's Intervention Department, comprised of highly trained sexual assault advocates and volunteers, supports survivors through their healing journey. They guide survivors through legal procedures, offer crucial emotional support during crises, accompany survivors to hospital and court proceedings, and advocate for their rights and choices. Their trauma-informed expertise ensures survivors feel supported throughout their healing journey.

Healing

Verity's Counseling Program provides culturally relevant, trauma-informed services to survivors of sexual assault and human trafficking, both in-person and virtually. From individual counseling and group sessions to yoga, we offer holistic care that respects survivors' diverse needs. Our goal is to ensure that everyone, regardless of when they experienced trauma, has access to the support they need.

PREVENTION



PREVENTION AT A GLANCE:

Verity's Prevention Department has made great strides this year, significantly expanding our reach with our Child Abuse Prevention and Teen Assault Prevention programs. We've interacted with a wide network of schools and community members through a diverse array of outreach events. Our commitment to youth has been evident in the many group sessions we've provided. We're also thrilled to pilot a new paid internship program to further enhance our reach.

Reached

1,193

Elementary Age Students through
Child Abuse Prevention Program
Presentations

Reached

4,898

Middle and High School Students
through Teen Assault Prevention
Program Presentations

Prevention Impact Overview

- Schools reached throughout Sonoma County: **20**
- Community presentations and events: **64**
- Community members reached: **8,404**
- Group sessions at Los Guilicos Juvenile Hall: **153**

Reached

1,169

Middle and High School Students
through Human Trafficking and
Healthy Relationships Presentations

INTERVENTION

INTERVENTION AT A GLANCE:



This year, Verity advanced its intervention efforts with key achievements, including launching a human trafficking outreach internship program and upgrading to a new call system for enhanced 24/7 support. We also streamlined processes to connect clients with essential services like hotel stays and ride shares, ensuring faster, more effective support. These improvements underscore our dedication to providing comprehensive, compassionate care to survivors when they need it most.

1,318

Unique Clients Received Tailored Advocacy Services

- Accompaniment services: **209**
- Crisis intervention services: **997**
- Support provided during SART (Sexual Assault Response Team) exams: **56**
- Support provided during law enforcement interviews: **49**
- Support provided during forensic interviews of minors at Redwood Children’s Center: **178**

HUMAN TRAFFICKING

Human trafficking is a pressing issue in Sonoma County. Our dedicated team, including new human trafficking outreach interns, is focused on delivering crucial outreach and support to survivors. This year, Verity served:

- Human trafficking survivors served: **122**
- Sex trafficking survivors: **108**
- Labor trafficking survivors: **14**
- Survivors assisted with housing-related needs and emergency shelter: **12**

1,366

Total Crisis Line Calls Received

HEALING



153

Individual
Breathwork
Sessions Provided

210

Individual Yoga
Sessions Provided

34

Family Counseling
Sessions Provided

16

Therapy Sessions for
Human Trafficking
Survivors

Through **822 individual counseling sessions**, Verity's therapists are making a significant impact, offering dedicated support and guidance to survivors every step of the way.

14

Spanish-Language
Therapy Sessions
Provided

Group Support

- Teen support group sessions: **21**
- Virtual support groups for female survivors: **45**
- Life skills groups at Women's Recovery Services: **4**
- Seeking Safety groups in detention facilities: **27**
- Therapy services for incarcerated/formerly incarcerated survivors: **54**
- Breathwork groups at women's rehabilitation centers: **57**

"I've sought counseling at other establishments and have never felt the amount of increasing relief and self-confidence that I am gaining through Verity. I'm thankful for finding out about Verity and happy to have been connected with my counselor."

-Verity Client

CLIENT SUCCESS STORIES



Intervention Case

After enduring the horrors of human trafficking, Molly found a lifeline in Verity. With the guidance of Lisa, Verity's Lead Human Trafficking Outreach Advocate, she received crucial support—tattoo removal, financial aid, and connections to resources like Redemption House. These efforts helped Molly reclaim her independence and begin anew. Despite facing doubt from others and setbacks in the legal system, Molly's bravery to leave her trafficker and share her journey underscores the importance of Verity's mission.

"Verity provides vital, confidential support to survivors, with exceptional staff and community connections. Their free services make a profound impact on those in need."

-Verity Supporter

Prevention Case

During a Verity presentation, a student realized she was a victim of sexual abuse by a relative who pressured her for sex and offered money when she refused. Fearing her siblings wouldn't support her in reporting, she sought help from Verity's presenter, who then explained the process to her siblings. After their reassurance, the student met with law enforcement at school, where she felt safe. This story underscores the importance of educating students about sexual assault, helping them recognize abuse, seek support, and challenge harmful behaviors.

"I am deeply thankful for Verity's support. Their volunteers and staff provided the essential care and resources I needed during a difficult time."

-Verity Client

VOLUNTEER SPOTLIGHT

Helen Jimenez

Certified CA Crisis Line Counselor

"I am proud to be a part of an organization that aims to assist survivors gain access to resources, help them regain their power, and support their choices. I've always felt that my vocation was to help others and I love that I can do that as a counselor at Verity. I also appreciate all the support from my supervisors, on-call managers, and other counselors. I am not alone in my growth in learning how to help the community around me, which I am grateful for."



Volunteers

40

Volunteer
Trainings
Conducted

3

Michele Wood

Certified CA Crisis Line Counselor

"Volunteering for Verity's hotline has been invaluable for me as a psychology graduate and survivor, driven by a passion to help others heal. It allows me to provide hope and compassion to those experiencing trauma, offering a safe and confidential space for solace. This role supports my goal of becoming a counselor and lets me make a meaningful impact in our community, helping survivors find the strength to move forward."



Volunteers
Recruited

23

Join Verity's Volunteer Program and Make a Lasting Impact

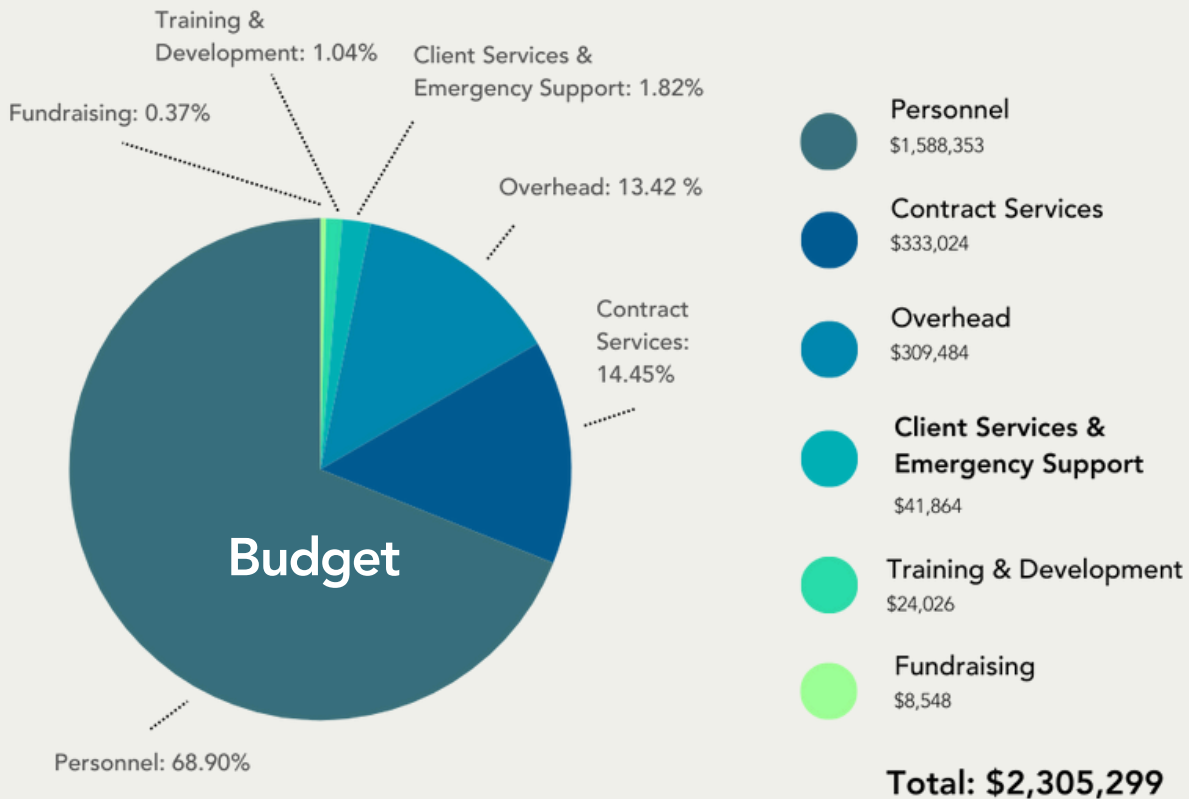
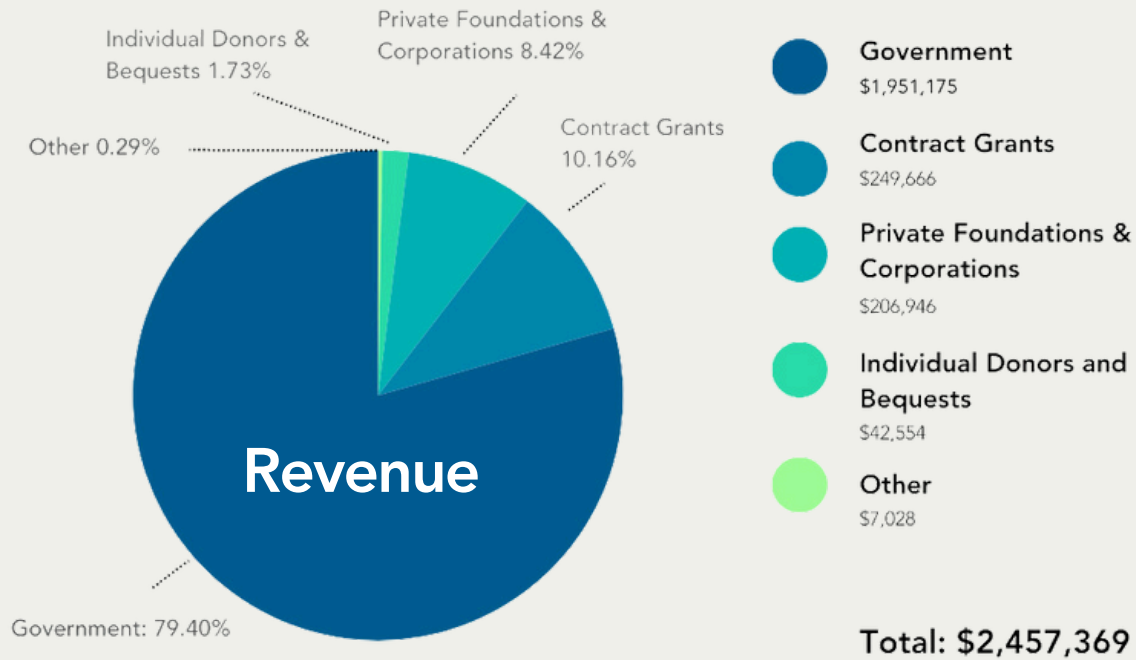
Join Verity's team of volunteers and help provide support to survivors of sexual assault and human trafficking. With hands-on training and a supportive community, you'll make a lasting impact while growing personally and professionally.

Ready to make a difference? Email us at info@ourverity.org or scan the QR code for more information about our volunteer opportunities.



FINANCIAL OVERVIEW

With a focus on financial transparency and careful stewardship of donor and grant funds, Verity channels its resources to directly supports prevention efforts and survivors. Your trust and support drive our impact in Sonoma County.



THE PATH AHEAD



The Next Three Years

In collaboration with our Board of Directors, Verity is developing a strategic three-year plan that will guide us through the 2026-2027 fiscal year. Each department is diligently working to identify strengths and address areas for growth, all with the goal of better serving our community. We are excited to move forward with a clear, achievable, and impactful plan that will guide our efforts over the next three years.

Expanding Our Impact

As we look toward the future, Verity is committed to expanding our reach and deepening our impact. Our forthcoming three-year strategic plan will be key in achieving these goals. This strategy will help us sharpen our focus, better serve our community, and elevate our support for survivors to new levels, ensuring they receive more comprehensive care than ever.

Verity is Celebrating 50 Years of Service

In 2024, Verity proudly celebrates 50 years of dedicated service to survivors of sexual assault and human trafficking. Since our inception in 1974, we have been a steadfast source of support, healing, and advocacy in our community. To honor this momentous milestone, we are excited to host The Golden Jubilee, a community celebration on November 2, 2024. This event not only commemorates our legacy but also sets the stage for the next era of impact as we continue our mission to empower and uplift survivors. We look forward to celebrating with you and embarking on the next chapter of Verity's journey together.



1974

VERITY

SEXUAL ASSAULT PREVENTION, INTERVENTION & HEALING

LET'S CONNECT



Office Phone

(707) 545-7270

Support & Crisis Line

(707) 545-7273

Email

info@ourverity.org

Website

www.ourverity.org



VeritySonomaCounty



OurVerity



OurVerity



VeritySonomaCounty



Check out our linktree for current initiatives and events!